

VAUZ

Association of junior
academic researchers
University of Zurich

VAUZ TAKES YOU OUT!

... to Mus(s)e

@ 100 Ways of Thinking

05.10.2018, 13.30–24h, Kunsthalle Zürich

www.vauz.uzh.ch



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Join us for Mus(s)e @ Kunsthalle Zürich!

Science as a vocation and/or profession? Work in academia needs passion. But how can we keep up with the rat race and retain enough energy for truly inspired work? Are we regularly kissed by our muse Calliope? And what should we do when we drown in musts?

Take a moment to pause and rethink academia's demands as well as the benefits and liberties it offers. Join us for a yoga session and an afternoon of talks and conversations on academia as a workplace @ Kunsthalle Zürich. And stay on for some drinks and dancing to get to know more of your fellow academics. We look forward to an inspirational Mus(s)e!

For PhD students, PostDocs, scientific employees & interested people. All program items are free of charge.

Program

1.30–2.15 pm Aleksandra's Yoga Lesson

Regain your calm, tranquility and wellbeing (suitable for all levels).

2.30–4.30 pm Salome's & Ulrich's Workshop on Doing Research and Teaching @ UZH

Share your experience & contribute to changes in our workplace and research setting.

Offered by the UZH Psychological Counseling Services. Please register via:

<https://goo.gl/forms/D007XIG11tUKtE562>

4.45–5.15 pm Lauriane's Ted Talk: "Mental Health: A Silenced Topic in Academia?"

5.30–6.30 pm Welcome to The Healthy Research Marketplace: Academia and/or Health?

Meander through the market stands, discuss the problematics of research, stress and pressure in academia, and join us for Alexandra, Clare and Juliane's anti-stigma workshop.

7.00–7.30 pm Beate's New Organisational Models for Part-Time Leadership @ UZH

Learn about innovative and flexible employment models in teaching, research and administration.

from 7.30 pm onwards Eliza's & Lauriane's Cocktail Bar

until 11.59 pm DJs Clovis' & Dan Campo's VAUZ Easy Listening Dance Hall

Get a drink, enjoy the music & dance your heart free - the arts of the muses await you!